

MEANINGFULWORLD PRESENTS

How can you make your life more meaningful?
Attend an all-day training on

Stage III: Cultivating A Meaningfulworld View & Seeds Of Forgiveness

Saturday 31 March, 2012

9:30 AM – 5:00 PM

185 East 85 Street (corner of Third Avenue) Second fl of professional entrance

Utilizing Dr Kalayjian's Seven-Step Biopsychosocial & Eco-Spiritual Model

This training will provide multiple tools to understanding shadow emotions, post trauma growth, resilience, transforming intergenerational trauma, learning to be compassionate to self, forgiveness, gratitude, discussions on sacred activism, types of leadership, cultivating inner healing, environmental healing, integration of mind-body-spirit-soul-connection, psycho-spiritual healing, and meaningful exchanges.

Recommended for those seeking greater understanding of anger management, working with difficult people, managing partner-relationship issues, diffusing conflicts, peace building, assertiveness, meaning-making and transcendence.

Training Program Includes:

Welcome breakfast, Introductions. Process and didactic ppt presentation by Dr Kalayjian, Sacred Interfaith Altar, collective healthy home-made lunch, viewing a DVD on related topics, guest speaker from the field and discussion.

Afternoon experiential workshop: Biopsychosocial & Eco-Spiritual Model.

Chakra cleansing-balancing- Meditation, physical release, aromatherapy, Bach remedies, collective gratitude, interactive growth exercises and celebration of sacred activism.

CEU: Attendees qualify for CEUs in these professions: Marriage & Family Therapy, Social Work, Mental Health Counseling, Creative Arts Therapy, Psychoanalysis

Opening remarks and meditation – Jennifer De Mucci

Visionary Speaker–Dr. Hagitte Gal-Ed, Transforming Trauma through Networking

Fee: \$110 includes breakfast, lunch, snacks, MHOP folder research articles, handouts, celebration gift, and a certificate.

Special rate for undergraduate students \$50; graduate students \$60, groups of 4+ 20% discount

First come first register to ensure an intimate interactive group.

Kindly send your fee made out to: ATOP

135 Cedar Street, Cliffside Park, NJ 07010-1003

RSVP is essential, kindly E-mail Annie Tang Annie.y.tang@gmail.com: Phone: 201-941-2266

www.meaningfulworld.com

ATOP is a not for profit 501 c (3) with international recognition as a leader in training humanitarian outreach professionals as well as responding to two decades of global and local disasters. ATOP is committed to global health through education promoting state-of-the-art scientific theory, peace and consciousness research, and the development of technical skills to train mental health professionals, teachers, psychologists, art therapists, nutritionists, alternative medicine practitioners, clergy, nurses, mediators, interfaith ministers, and lay persons committed to service & heal thyself. Meaningfulworld Humanitarian Outreach teams make a daily difference in people's lives helping to transform tragedy and trauma into healing through post trauma growth, guidance and meaning-making through a new world view.

Ask yourself ...Ask your friends...What makes your world more meaningful?