

# Meaningful World

## How can you make your life more meaningful?

Attend this ATOP Humanitarian Relief Certificate Program: Stage II

### *Transforming Self, Family, Work, & Home Environments*

Utilizing

## The Seven-Step Biopsychosocial & Eco-Spiritual Model

Dr. Ani Kalayjian, Founder – ATOP Meaningfulworld.com

JOIN US Saturday, 25 Feb, 2012 (9:30 breakfast) 10 am - 5 pm

## STAGE II: Conflict Transformation

### **Non-Violence, Peace Building, Anger Management, Assertiveness Building, Self-Empowerment & Forgiveness**

Stage II, includes didactic and factual information re domestic, interpersonal, workplace, and global violence. The focus this stage is on non-violent constructive communication, models of conflict transformation, cultural awareness and sensitivity. The psychology of negotiation is examined with an emphasis on organized preparation, establishing the process of peace-building, compassionate listening, empathy, psychospiritual healing forgiveness & dialogue. Not forgotten are ancestral insights, modern day electromagnetic field balancing techniques, and integrative holistic healing modalities.

Whether you are helping people achieve their meaning in a school, a corporation, preparing for a humanitarian outreach mission or learning to transform your work, family or personal environment, the afternoon experiential session will enable you to take away concrete skills that you can apply patiently to your practice in non-violent empathic communication. Emphasis is on letting go that which one cannot control, transforming trauma into positive assertion, post-trauma growth, meaning-making, and self-empowerment. The understanding of human development, stages of growth, development, aging, and self transformation dialogue styles will be shared.

Opening Meditation by Jennifer De Mucci, VP ATOP

Meaningfulworld Visionary Speaker: Diana Perez, Laughter Therapy

185 East 85 Street, corner of 3<sup>rd</sup> Avenue, 2<sup>nd</sup> floor, Dr Kalayjian's Office

Fee: \$110, includes breakfast, lunch, research articles, handouts, Video/DVD viewing  
\$60 for graduate students, 4 or more in a group will receive 20% off, \$50 for undergrads  
Kindly mail your check made out to: ATOP 135 Cedar St, Cliffside Park, NJ 07010

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or call 201-941-2266 [www.Meaningfulworld.com](http://www.Meaningfulworld.com)